

Detach and return bottom portion with payment.

Player: \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Parents: \_\_\_\_\_

E Mail: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

School: \_\_\_\_\_

Special needs: \_\_\_\_\_

Softball team \_\_\_\_\_

Phone # \_\_\_\_\_

Emergency Phone # \_\_\_\_\_

Adult T-shirt size: S M L XL Youth size: S M L

LIABILITY WAIVER: I/We, the undersigned parent/legal guardian, give permission for: \_\_\_\_\_

To participate in the Cowgirl Softball Camp. I/We understand that Coppell ISD, its employees, or anyone acting on its behalf, will not be held liable or responsible for personal injuries and property damage or loss of any kind, which may occur during the camp. The above has been read and understood by the undersigned. I/We also give permission for any emergency medical care or treatment deemed necessary by a physician, surgeon, hospital or medical care facility.

Parent/Guardian \_\_\_\_\_

Signed this \_\_\_\_\_ day of \_\_\_\_\_, 2010.

2001-State Champions  
2007-Bi District  
2008-Reginal Semi-Finalist  
2009-Regional Quarter  
Finals



**Commitment, Unity, Passion**

**Cowgirl Softball**

# COWGIRL SOFTBALL CAMP



**JUNE 7<sup>th</sup> - 10<sup>th</sup>, 2010**

**9:00AM - 11:30AM**

**Cowgirl Field  
(West Middle School)**

## About the Coaches:

**Coach Krug** grew up in Arlington, Texas and is a graduate of Martin High School. After high school, she went on to play four years at the collegiate level. She is a graduate of Ranger College and Sam Houston State University. Before coming to Coppell High School, she was head coach at Brazosport High School in Freeport, Texas. This is her third year at CHS as head coach.

**Coach Owens** graduated from Sam Houston State with a B.S. in Kinesiology while playing outfield for the Bearkats. She spent three years coaching and providing strength and conditioning at Brazoswood High School. She has experience developing athletes of all ages as a Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association.

## Assisting this year:

### 2010 Cowgirl Seniors-

10 have signed to play collegiate softball.

### Former Coppell Cowgirls



## WHAT TO BRING:

WATER BOTTLE, GLOVE,  
CLEATS, BAT, HELMET,  
SUNSCREEN, ETC.  
LABEL ALL EQUIPMENT  
WITH YOUR NAME.

## Skills

- Hitting
- Throwing
- Infield/Outfield
- Pitching/Catching
- Base Running
- Strength and Conditioning
- Team Unity

**COST: \$85.00 until May 20th**  
(After May 20th, add \$10 late fee.)

Please send registration form  
and payment by June 6th to:

Katie Krug  
3900 Grapevine Mills  
Parkway, Apt. 2034  
Grapevine, TX 76051

## MAKE CHECKS PAYABLE TO:

**KATIE KRUG**

A Cowgirl Softball t-shirt is included.

Questions?  
Contact Coach Katie Krug  
at: [kkrug@coppellisd.com](mailto:kkrug@coppellisd.com)

SCHOLARSHIPS AVAILABLE